Weeding



Months Needed: March-August | Capacity: 20 Volunteers | Focus Area(s): Community Garden | Time Commitment: x hours | Address: 691 W San Carlos St, San Jose, CA 95126

Description: Come help us weed our garden! Your work helps our community and educational garden beds to thrive. Volunteers will handle soil, weeds, and garden tools. Gloves and tools are provided.

This task involves spending extended time outdoors and may require standing or kneeling for long periods. If you have any questions or accessibility needs, please reach out to Volunteer@valleyverde.org — we're happy to help make accommodations.

Requirements:

- Be 18 or older unless accompanied by an adult
- Complete Site Visit Permissions and Waivers Form (Linked Below)
- Be willing and able to spend extended time outdoors in all types of weather
- Come outdoor ready
 - Wear sturdy clothes that can get dirty
 - Wear close toed shoes
 - o Bring sun Hat & Sunscreen or Rain Gear
 - Bring water bottle and snacks (if desired)
 - Avoid long nails or Jewelry that could interrupt garden tasks
- Have EpiPen, allergy medicine, or inhaler on hand, if applicable

Warnings:

- We have beehives on site. If allergic, please plan accordingly.
- Some plants on site (like stinging nettle) may cause mild skin irritation, such as redness, itching, or a rash. Wearing long sleeves and pants can help protect your skin.

Weather Notes: (select based on day)

Planting (Experience Required)



Months Needed: May, October | Capacity: 20 Volunteers | Focus Area(s): Community Garden | Time Commitment: x hours | Address: 691 W San Carlos St, San Jose, CA 95126

Description: Come help bring our garden to life by planting seeds and seedlings in our garden beds and greenhouses! As this is a delicate task, we require volunteer experience. Volunteers will handle soil, seeds, seedlings, garden tools, and water.

This task involves spending extended time outdoors and may require standing or kneeling for long periods. If you have any questions or accessibility needs, please reach out to Volunteer@valleyverde.org — we're happy to help make accommodations.

Requirements:

- Be 18 or older unless accompanied by an adult
- Complete Site Visit Permissions and Waivers Form (Linked Below)
- Be willing and able to spend extended time outdoors in all types of weather
- Come outdoor ready
 - Wear sturdy clothes that can get dirty
 - Wear close toed shoes
 - o Bring sun Hat & Sunscreen or Rain Gear
 - Bring water bottle and snacks (if desired)
 - o Avoid long nails or Jewelry that could interrupt garden tasks
- Have EpiPen, allergy medicine, or inhaler on hand, if applicable

Warnings:

- We have beehives on site. If allergic, please plan accordingly.
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Weather Notes: (select based on day)

Mulching



Months Needed: June - August | Capacity: 20 Volunteers | Focus Area(s): Community Garden | Time Commitment: x hours | Address: 691 W San Carlos St, San Jose, CA 95126

Description: Come help us mulch our garden! Your work helps build healthy soil in our community and educational garden beds — keeping it moist, protected from the sun, and weed resistant. Volunteers will handle mulch, compost, soil, water, and garden tools. Tasks include clearing weeds, preparing soil, and spreading mulch.

This task involves spending extended time outdoors and may require standing for long periods. If you have any questions or accessibility needs, please reach out to Volunteer@valleyverde.org — we're happy to help make accommodations.

- Be 18 or older unless accompanied by an adult
- Complete Site Visit Permissions and Waivers Form (Linked Below)
- Be willing and able to spend extended time outdoors in all types of weather
- Come outdoor ready
 - Wear sturdy clothes that can get dirty
 - Wear close toed shoes
 - o Bring sun Hat & Sunscreen or Rain Gear
 - Bring water bottle and snacks (if desired)
 - o Avoid long nails or Jewelry that could interrupt garden tasks
- Have EpiPen, allergy medicine, or inhaler on hand, if applicable

- We have beehives on site. If allergic, please plan accordingly.
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Weather Notes: (select based on day)

Garden Bed Fertilization



Months Needed: November - December | Capacity: 20 Volunteers | Focus Area(s): Community Garden | Time Commitment: x hours | Address: 691 W San Carlos St, San Jose, CA 95126

Description: Join us in applying compost and fertilizer to our garden as we prepare for the summer growing season! Your work will help build strong, healthy soil in our community and educational garden beds. Volunteers will handle compost, fertilizer, soil, and garden tools. Gloves are provided.

This task involves spending extended time outdoors and may require standing or kneeling for long periods. If you have any questions or accessibility needs, please reach out to Volunteer@valleyverde.org — we're happy to make accommodations.

- Be 18 or older unless accompanied by an adult
- Complete Site Visit Permissions and Waivers Form (Linked Below)
- Be willing and able to spend extended time outdoors in all types of weather
- Come outdoor ready
 - o Wear sturdy clothes that can get dirty
 - Wear close toed shoes
 - o Bring sun Hat & Sunscreen or Rain Gear

- o Bring water bottle and snacks (if desired)
- o Avoid long nails or Jewelry that could interrupt garden tasks
- Have EpiPen, allergy medicine, or inhaler on hand, if applicable

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Weather Notes: (select based on day)

Cover Crop Planting



Months Needed: November - December | Capacity: 20 Volunteers | Focus Area(s): Community Garden | Time Commitment: x hours | Address: 691 W San Carlos St, San Jose, CA 95126

Description: Join us in planting cover crops in our garden as we prepare for the winter! Your work will help maintain soil health in our community and educational garden beds during the break between growing seasons. Volunteers will handle soil, plants, and garden tools. Gloves are provided.

This task involves spending extended time outdoors and may require standing or kneeling for long periods. If you have any questions or accessibility needs, please reach out to Volunteer@valleyverde.org — we're happy to make accommodations.

- Be 18 or older unless accompanied by an adult
- Complete Site Visit Permissions and Waivers Form (Linked Below)
- Be willing and able to spend extended time outdoors in all types of weather
- Come outdoor ready

- Wear sturdy clothes that can get dirty
- Wear close toed shoes
- o Bring sun Hat & Sunscreen or Rain Gear
- Bring water bottle and snacks (if desired)
- Avoid long nails or Jewelry that could interrupt garden tasks
- Have EpiPen, allergy medicine, or inhaler on hand, if applicable

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Weather Notes: (select based on day)

Filling Seedling Trays



Months Needed: February - March, August - September | Capacity: X Volunteers | Focus Area(s): Community Greenhouse | Time Commitment: x hours | Address: 691 W San Carlos St, San Jose, CA 95126

Description: Come help us fill seedling trays with soil to prepare for planting! Your work helps grow the seedlings sold in our greenhouse and given free to program participants so they can grow nutritious food for themselves and their families. Volunteers will work plastic seedling trays and soil. Gloves are provided.

This task involves spending extended time outdoors and may require standing for long periods. If you have any questions or accessibility needs, please reach out to Volunteer@valleyverde.org — we're happy to help make accommodations.

- Be 18 or older unless accompanied by an adult
- Complete Site Visit Permissions and Waivers Form (Linked Below)
- Be willing and able to spend extended time outdoors in all types of weather
- Come outdoor ready
 - Wear sturdy clothes that can get dirty
 - o Wear close toed shoes
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Weather Notes: (select based on day)

Clean Seedling Trays



Months Needed: May - November | Capacity: X Volunteers | Focus Area(s): Community

Greenhouse | Time Commitment: x hours | Address: 691 W San Carlos St, San Jose, CA 95126

Description: Join us in cleaning used seedling trays to get them ready for fresh planting! Your work helps grow the seedlings sold in our greenhouse and given free to help program participants grow nutritious food for themselves and their families. Volunteers will handle plastic seedling trays, hoses, and cleaning rags. Gloves are provided.

This task involves spending extended time outdoors and may require standing for long periods. If you have any questions or accessibility needs, please reach out to Volunteer@valleyverde.org — we're happy to help make accommodations.

Requirements:

- Be 18 or older unless accompanied by an adult
- Complete Site Visit Permissions and Waivers Form (Linked Below)
- Be willing and able to spend extended time outdoors in all types of weather
- Come outdoor ready
 - Wear sturdy clothes that can get dirty
 - Wear close toed shoes
 - o Bring sun Hat & Sunscreen or Rain Gear
 - Bring water bottle and snacks (if desired)
 - Avoid long nails or Jewelry that could interrupt garden tasks
- Have EpiPen, allergy medicine, or inhaler on hand, if applicable

Warnings:

- We have beehives on site. If allergic, please plan accordingly.
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Weather Notes: (select based on day)

Transplant Seedlings (Experience Required)



Months Needed: Spring, Fall | Capacity: X Volunteers | Focus Area(s): Community

Greenhouse, Community Garden | Time Commitment: x hours | Address: 691 W San Carlos
St, San Jose, CA 95126

Description: Come help us transplant seedlings from trays into larger pots! Your work keeps plants healthy and ready to sell in our greenhouse — with proceeds funding our free garden education programs. Volunteers will work with soil, seedlings, pots, garden tools, and water.

This task involves spending extended time outdoors and may require standing for long periods. If you have any questions or accessibility needs, please reach out to Volunteer@valleyverde.org — we're happy to help make accommodations.

Requirements:

- Be 18 or older unless accompanied by an adult
- Complete Site Visit Permissions and Waivers Form (Linked Below)
- Be willing and able to spend extended time outdoors in all types of weather
- Come outdoor ready
 - Wear sturdy clothes that can get dirty
 - Wear close toed shoes
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 - Bring water bottle and snacks (if desired)
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Weather Notes: (select based on day)

Garden Bed Building



Months Needed: February - March, September | Capacity: X Volunteers | Focus Area(s): Shared Garden Program | Time Commitment: x hours | Address: 691 W San Carlos St, San Jose, CA 95126

Description: Come help us build garden beds! Your work helps us to provide free beds to program participants so they can grow nutritious food for themselves and their families. Volunteers will handle wood and power tools — no experience needed, just a willingness to learn and work as a team!

This task involves spending extended time outdoors and may require standing or kneeling for long periods as well as heavy lifting. If you have any questions or accessibility needs, please reach out to Volunteer@valleyverde.org — we're happy to help make accommodations.

Requirements:

- Be 18 or older unless accompanied by an adult
- Complete Site Visit Permissions and Waivers Form (Linked Below)
- Be willing and able to spend extended time outdoors in all types of weather
- Come outdoor ready
 - Wear sturdy clothes that can get dirty
 - Wear close toed shoes
 - o Bring sun Hat & Sunscreen or Rain Gear
 - Bring water bottle and snacks (if desired)
 - Avoid long nails or Jewelry that could interrupt garden tasks
- Have EpiPen, allergy medicine, or inhaler on hand, if applicable

Warnings:

• We have beehives on site. If allergic, please plan accordingly.

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Weather Notes: (select based on day)

Seed Packing



Months Needed: March-April, July-August | Capacity: X Volunteers | Focus Area(s): Shared Garden Program | Time Commitment: x hours | Address: 691 W San Carlos St, San Jose, CA 95126

Description: Come help us sort and pack seeds! Your work helps us to provide free seeds to program participants so they can grow food for themselves and their families. Volunteers will handle seeds and seed packages. Gloves are provided.

This task involves spending extended time outdoors and may require standing for long periods. If you have any questions or accessibility needs, please reach out to Volunteer@valleyverde.org — we're happy to help make accommodations.

- Be 18 or older unless accompanied by an adult
- Complete Site Visit Permissions and Waivers Form (Linked Below)
- Be willing and able to spend extended time outdoors in all types of weather
- Come outdoor ready
 - o Wear sturdy clothes that can get dirty
 - Wear close toed shoes
 - o Bring sun Hat & Sunscreen or Rain Gear
 - Bring water bottle and snacks (if desired)
 - Avoid long nails or Jewelry that could interrupt garden tasks
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Weather Notes: (select based on day)

Loading Materials for Distribution



Months Needed: May, November | Capacity: X Volunteers | Focus Area(s): Shared Garden

Program | Time Commitment: x hours | Address: 691 W San Carlos St, San Jose, CA 95126

Description: Come help us load vehicles with garden beds, irrigation, seeds, and other materials. Your work helps us to provide free materials to program participants so they can grow nutritious food to support themselves and their families.

This task involves spending extended time outdoors, standing for long periods, and lifting between 10 and 25 pounds. If you have any questions or accessibility needs, please reach out to Volunteer@valleyverde.org — we're happy to help make accommodations.

- Be 18 or older unless accompanied by an adult
- Complete Site Visit Permissions and Waivers Form (Linked Below)
- Be willing and able to spend extended time outdoors in all types of weather
- Come outdoor ready
 - Wear sturdy clothes that can get dirty
 - Wear close toed shoes
 - o Bring sun Hat & Sunscreen or Rain Gear
 - Bring water bottle and snacks (if desired)

- Avoid long nails or Jewelry that could interrupt garden tasks
- Have EpiPen, allergy medicine, or inhaler on hand, if applicable

- We have beehives on site. If allergic, please plan accordingly.
- Some plants on site (like stinging nettle) may cause mild skin irritation, such as redness, itching, or a rash. Wearing long sleeves and pants can help protect your skin.

Weather Notes: (select based on day)

Cut & Puncture Irrigation Tubes



Months Needed: November - December | Capacity: X Volunteers | Focus Area(s): Shared

Garden Program | Time Commitment: x hours | Address: 691 W San Carlos St, San Jose, CA

95126

Description: Come help us cut and puncture holes in irrigation tubes. Your work helps us to provide free irrigation to program participants so they can grow nutritious food to support themselves and their families. Volunteers will handle irrigation tubing and sharp cutting tools.

This task involves spending extended time outdoors and may require standing or kneeling for long periods. If you have any questions or accessibility needs, please reach out to Volunteer@valleyverde.org — we're happy to help make accommodations.

- Be 18 or older unless accompanied by an adult
- Complete Site Visit Permissions and Waivers Form (Linked Below)
- Be willing and able to spend extended time outdoors in all types of weather

- Come outdoor ready
 - Wear sturdy clothes that can get dirty
 - Wear close toed shoes
 - o Bring sun Hat & Sunscreen or Rain Gear
 - Bring water bottle and snacks (if desired)
 - Avoid long nails or Jewelry that could interrupt garden tasks
- Have EpiPen, allergy medicine, or inhaler on hand, if applicable

- We have beehives on site. If allergic, please plan accordingly.
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Weather Notes: (select based on day)

Honey Harvesting



Months Needed: March, September | Capacity: X Volunteers | Focus Area(s): Shared Garden Program | Time Commitment: x hours | Address: 691 W San Carlos St, San Jose, CA 95126

Description: Come help us take care of our beehives! Your work helps pollinate our neighborhood and supports our <u>beekeeping program</u> — which provides participants with free hives and education on producing their own honey. Tasks include examining and cleaning frames, brushing bees away, and feeding hives. Protective bee suits, gloves, and guidance will be provided — no experience needed.

Volunteers will spend extended time outdoors near the hives and may be standing for long periods. If you have any questions or accessibility needs, please reach out to Volunteer@valleyverde.org — we're happy to help make accommodations.

Requirements:

- Be 18 or older unless accompanied by an adult
- Complete Site Visit Permissions and Waivers Form (Linked Below)
- Be willing and able to spend extended time outdoors in all types of weather
- Come outdoor ready
 - Wear sturdy clothes that can get dirty
 - Wear close toed shoes
 - o Bring sun Hat & Sunscreen or Rain Gear
 - Bring water bottle and snacks (if desired)
 - o Avoid long nails or Jewelry that could interrupt garden tasks
- Have EpiPen, allergy medicine, or inhaler on hand, if applicable

Warnings:

- We have beehives on site. If allergic, please plan accordingly.
- Some plants on site (like stinging nettle) may cause mild skin irritation, such as redness, itching, or a rash. Wearing long sleeves and pants can help protect your skin.

Weather Notes: (select based on day)

Beehive Maintenance



Months Needed: April - May | Capacity: X Volunteers | Focus Area(s): Shared Garden Program | Time Commitment: x hours | Address: 691 W San Carlos St, San Jose, CA 95126

Description: Join us in harvesting honey from our beehives! Your work helps pollinate our neighborhood and supports our <u>beekeeping program</u> — which provides participants with free hives and education on producing their own honey. Tasks include removing bee hive frames,

brushing bees away, and helping extract honey. No experience needed — just a willingness to learn and work as a team! Protective bee suits, gloves, and guidance will be provided!

This task involves spending extended time outdoors near the hives and may require standing for long periods. If you have any questions or accessibility needs, please reach out to Volunteer@valleyverde.org — we're happy to help make accommodations.

Requirements:

- Be 18 or older unless accompanied by an adult
- Complete Site Visit Permissions and Waivers Form (Linked Below)
- Be willing and able to spend extended time outdoors in all types of weather
- Come outdoor ready
 - Wear sturdy clothes that can get dirty
 - Wear close toed shoes
 - o Bring sun Hat & Sunscreen or Rain Gear
 - o Bring water bottle and snacks (if desired)
 - Avoid long nails or Jewelry that could interrupt garden tasks
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Warnings:

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Weather Notes: (select based on day)

Compost Material Processing



Task Frequency: Every other week | Capacity: 20 Volunteers | Related Program(s): Compost Hub & Home Compost Program | Time Commitment: x hours | Address: 691 W San Carlos St, San Jose, CA 95126

Description: Come help us process organic and inorganic materials for our compost pile! Your work helps us nourish our garden and provide compost to Compost Hub members. Volunteers will work with cardboard, food scraps, and cutting tools to prep materials for compost and worm bins. Though working with compost materials is generally very safe, gloves and masks are provided to protect against any potentially harmful bacteria or mold.

This task involves spending extended time outdoors and may require standing for long periods. If you have any questions or accessibility needs, please reach out to Volunteer@valleyverde.org — we're happy to help make accommodations.

Requirements:

- Be 18 or older unless accompanied by an adult
- Complete Site Visit Permissions and Waivers Form (Linked Below)
- Be willing and able to spend extended time outdoors in all types of weather
- Come outdoor ready
 - Wear sturdy clothes that can get dirty
 - Wear close toed shoes
 - o Bring sun Hat & Sunscreen or Rain Gear
 - Bring water bottle and snacks (if desired)
 - Avoid long nails or Jewelry that could interrupt garden tasks
- Have EpiPen, allergy medicine, or inhaler on hand, if applicable

Warnings:

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Weather Notes: (select based on day)

Compost Pile Turning



Task Frequency: As Needed | Capacity: 20 Volunteers | Related Program(s): Compost Hub & Home Compost Program | Time Commitment: x hours | Address: 691 W San Carlos St, San Jose, CA 95126

Description: Come help us turn our compost pile, a weekly task that aerates and redistributes moisture to speed up decomposition! Your work helps us nourish our garden and provide compost to our Compost Hub members. Volunteers will handle shovels and pitchforks to move compost, remove non-compostable materials, and break up compost clumps. Though working with compost materials is generally very safe, gloves and masks are provided to protect against any potentially harmful bacteria or mold.

This task involves spending extended time outdoors, standing for long periods, and comfortably lifting 10–25 pounds for extended periods. If you have any questions or accessibility needs, please reach out to Volunteer@valleyverde.org — we're happy to help make accommodations.

Requirements:

- Be 18 or older unless accompanied by an adult
- Complete Site Visit Permissions and Waivers Form (Linked Below)
- Be willing and able to spend extended time outdoors in all types of weather
- Come outdoor ready
 - Wear sturdy clothes that can get dirty
 - Wear close toed shoes
 - o Bring sun Hat & Sunscreen or Rain Gear
 - Bring water bottle and snacks (if desired)
 - Avoid long nails or Jewelry that could interrupt garden tasks
- Have EpiPen, allergy medicine, or inhaler on hand, if applicable

Warnings:

- We have beehives on site. If allergic, please plan accordingly.
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Weather Notes: (select based on day)

Compost Pile Sifting



Task Frequency: Weekly | Capacity: 20 Volunteers | Related Program(s): Compost Hub & Home Compost Program | Time Commitment: x hours | Address: 691 W San Carlos St, San Jose, CA 95126

Description: Come help us sift compost to separate leftover chunks from finished compost. Your work ensures a high-quality supply to nourish our garden and provide compost to our Compost Hub members. Volunteers will use shovels, pitchforks, wheelbarrows and sifters.

This task involves spending extended time outdoors, standing for long periods, and comfortably lifting 10–25 pounds for extended periods. If you have any questions or accessibility needs, please reach out to Volunteer@valleyverde.org — we're happy to help make accommodations.

- Be 18 or older unless accompanied by an adult
- Complete Site Visit Permissions and Waivers Form (Linked Below)
- Be willing and able to spend extended time outdoors in all types of weather
- Come outdoor ready
 - Wear sturdy clothes that can get dirty
 - Wear close toed shoes
 - o Bring sun Hat & Sunscreen or Rain Gear
 - Bring water bottle and snacks (if desired)
 - Avoid long nails or Jewelry that could interrupt garden tasks

• Have EpiPen, allergy medicine, or inhaler on hand, if applicable

Warnings:

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Weather Notes: (select based on day)

Harvest Festival



Date: xx/xx/xx | **Capacity**: X Volunteers | **Time Commitment:** X hours | **Address**: 691 W San Carlos St, San Jose, CA 95126

Description: Come volunteer at Valley Verdes annual harvest festival. We need volunteer help to set up, lead activities and games during the event, and clean up. This will be a fun day to celebrate community, gardening, and our communities striving toward food sovereignty and our volunteers help this celebration come to life!volunteers will be working with people, staff, etc. IT may require extended time outdoors, standing, and possible heavy lifting, depending on the tasks you sign up for.

- Be 18 or older unless accompanied by an adult
- Complete Site Visit Permissions and Waivers Form (Linked Below)
- Be willing and able to spend extended time outdoors in all types of weather
- Come outdoor ready
 - Wear sturdy clothes that can get dirty
 - Wear close toed shoes
 - Bring sun Hat & Sunscreen or Rain Gear

- o Bring water bottle and snacks (if desired)
- o Avoid long nails or Jewelry that could interrupt garden tasks
- Have EpiPen, allergy medicine, or inhaler on hand, if applicable

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Weather Notes: (select based on day)